

Goddess manicures featured in the May issue of Tatler magazine

If you long to have beautiful manicured nails, but can't stop nail-biting, then you must read this great article in the May issue of Tatler. Writer Francesca White explains how she managed to kick the habit, and how Goddess manicures help to keep her nails beautiful.

Read the [full article here](#) or in the May issue of Tatler magazine.

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Watch out, she bites!



haven't bitten. I have brand-new fingers. My time with Anne taught me that she could show me how to stop, but only I could put it into practice. In my efforts to stay on the straight and narrow, my desk drawer has become a squirrel-store of nuts to munch in lieu of my fingers. The manicures have resumed – this time with Valentina Kovács at **Goddess**. She uses sharp, spindly scissors to trim cuticles in the cleanest, most precise manner – a fiddly process that yields flawless results and thwarts any attempts at picking. Which just goes to show – some habits you need to grow out of, others you need to be forced out of. Remember that the next time you find yourself doing something you ought not to in public. □

Hypnotherapy with Anne Lee, £85 for 60 minutes, at the Hale Clinic, 7 Park Crescent, W1 (haleclinic.com or 020 7631 0156).

Manicure with Valentina Kovács, from £23, at Goddess, 86 Golders Green Road, NW11 (goddesslondon.co.uk or 020 8201 8717).

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Call us to now to book your manicure

0208 201 8717
www.goddesslondon.co.uk