Celebrating 300 years, established 1709

Beauty temple

Celebrating 16 years of luxurious pampering, Goddess beauty salon is the place to go for specialist treatments in a family-run sanctuary





Mother-and-daughter-run beauty salon, Goddess Health and Beauty is the sort of intimate, serene retreat that we all need on speed-dial. The luxurious salon has just celebrated 16 years in the beauty world and

its list of loyal clients, including popstars, A-listers and royalty, is testament to its high standards, relaxed environment and incredibly effective treatments.

The force behind the salon is daughter Christina Christoforou, a beauty expert with 16 years' experience, who knows everything you need to know about the latest treatments, as well as providing a warm welcome to clients. With a team of 10 skilled therapists and six treatment rooms, Goddess combines basic beauty maintenance (facials, tanning, waxing, threading, pedicures and manicures) with the sort of cutting-edge specialist treatments you would expect from Harley Street practitioners. And if you are an A-lister or a VIP client who can't get to the salon, Christina has even been known to organise a treatment on set or in a private house. LipoSmooth, Ligne St Barth and Transderm are three of the salon's signature treatments, designed to bring out your inner goddess.

LipoSmooth

For a svelte body this summer, LipoSmooth is the answer to removing stubborn fat deposits and cellulite. This non-invasive, painless treatment, loved by Christina's A-list clients, is exclusive to Goddess and Dr Prager and is suitable for all body shapes. It works by improving the body's lymphatic drainage and circulation: a unique combination of vacuum massage and ultrasound breaks down the excess fat in the fat cells into free fatty acids – the lymphatic system then disposes of these free fatty acids, as well as toxins and waste that have accumulated over the years in areas of cellulite and excess fat. Claiming an average loss of five to 15 inches after a course of eight to 10 treatments, LipoSmooth is an effective way to lose a few dress sizes in time for summer.

Ligne St Barth

Lie back and dream of exotic worlds with a Ligne St Barth treatment. A Goddess exclusive, this range of high-quality botanicalbased skincare products with natural vitamins and minerals will cleanse, invigorate and nourish your skin. Choose from a relaxing peeling massage using papaya fruit enzymes, special sea-sand polish complex and pure coconut oil to moisturise the skin - ideal preparation for a tan; a soothing leg massage using ivy gel to stimulate the lymphatic system and coldpressed avocado oil imbued with pure bourbon vanilla; or a deep relaxation Freshness facial and décolletage treatment (an A-list favourite) using fresh fruits combined with a nourishing hand massage. These treatments are pure heaven.

Transderm

For a fresh glow, Transderm gives an immediate plumping and revitalising effect to remedy the signs of ageing on the face, neck and décolletage. It involves a superficial microdermabrasion to increase the skin's permeability and then uses electrical pulses, synchronised with a vibration massage, to help the skin absorb beneficial antioxidants to give deep-down hydration and rejuvenation, stimulate collagen and protect cellular function. It's a perfect facial for a special event as the results are instantly younger-looking, glowing skin – the face of a goddess.

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Goddess Health and Beauty, 86 Golders Green Road, London NW11 8LN. Tel: 020 8201 8717. Visit goddesslondon.co.uk

TATLER READER OFFER *Tatler* readers who book a course of LipoSmooth will receive a complimentary pot of Oxytarm, a detoxing food supplement that gently cleanses the colon, worth £40. To book, call 020 8201 8717.